

Psychology Major Requirements (Beginning Fall 2023)

Student Name: _____

Courses may be counted toward both Major and General Requirements. However, no course may fulfill two categories of General Requirements. If you use any course for both Major and General Requirements, be sure to count the credits only ONCE toward the degree total.

GPA AND GRADE REQUIREMENTS: A 2.5 average GPA in the major is required for graduation and no more than two psychology courses may have grades lower than a “C.” Note: Pass/No Pass courses are not factored into your GPA; Incompletes and Withdrawals do not receive grade points and do not have an effect on the GPA.

REQUIRED COURSES

Course Name	Credits	Course Number	Semester/Yr Completed	Letter Grade	Grade Points	Office Senior Review
Introduction to Psychology	3	50:830:101				
Statistics Requirement (take 1 course from list below)						
Statistics for Social Sciences	3	50:830:250/215				
Elementary Applied Statistics	3	50:960:183				
Research Methods Requirement (take 1 course from list below)						
Method and Theory in Psych (W)	3	50:830:256				
Research Methods in Psych	3	50:830:255				
Capstone Recruitment (take 1 course from list below)						
Experimental Psych and Lab	3+1	50:830:381 50:830:380				
Independent Study in Psychology Capstone (Must be approved by Psych Department before enrolling)	4	50:830:498/499				
Area Requirement 1: Brain, Mind, and Biological Perspectives (take 1 course from list below)						
Psychology of Consciousness	3	50:830:312				
Cognitive Processes	3	50:830:360				
Psychology of Action	3	50:830:405				
Drugs and the Brain	3	50:830:414				
Learning and Memory	3	50:830:465				
Perception	3	50:830:467				
Physiological Psychology	3	50:830:484				
Animal Behavior	3	50:830:476				
Area Requirement 2: Development and Life Course Perspectives (take 1 course from list below)						
Human Development	3	50:830:222				
Psychology of Childhood	3	50:830:226/225				
Educational Psychology	3	50:830:301				
Psychology of Adolescence	3	50:830:326				
Psychology of Aging	3	50:830:328/354				
Developmental Psychopathology	3	50:830:440				
Intro to Psychiatric Rehabilitation	3					

Area Requirement 3: Social, Health, and Clinical Perspectives (take 1 course from list below)			
Psych of Human Sexuality	3	50:830:305	
Applied Behavioral Analysis	3	50:830:327	
Psychology of Personality	3	50:830:231/371	
Human Emotions	3	50:830:306/393	
Psychology and the Law	3	50:830:316/315	
Ethics in Psychology	3	50:830:318	
Industrial Psychology	3	50:830:319	
Social Psychology	3	50:830:335/336	
Abnormal Psychology	3	50:830:340/363	
Intro to Clinical Psychology	3	50:830:345/358	
Health Psychology	3	50:830:348/377	
Social Relationships and Health	3	50:830:356	
Environmental Psychology	3	50:830:402	
Trauma, Risk and Resilience	3	50:830:409	
Psychology of Addictions and Substance Abuse	3	50:830:412	
Diagnostics & Assessment for Addictions	3	50:830:418	
Psychology of Eating	3	50:830:434	
The Psychology of Strongly Held Beliefs	3	50:830:438	
Clinical Principles in Psychiatric Rehabilitation	3		
Area Requirement 4: Diverse Perspectives (take 1 course from list below)			
Psychology of Gender	3	50:830:303	
Stigma and Health	3	50:830:356	
Cultural Psychology	3	50:830:365	
Culture and Food	3	50:830:370	
Black Mental Health: Risk and Resilience	3	50:830:471	
Religion and Psychology	3	50:840:337	
Race and Ethnicity	3	50:920:316	
Childhood Disabilities	3	50:163:270	
Introduction to LGBTQIA Studies	3	50:443:230	
Confronting Anti-Black Racism	3	50:910:222	

Total Required Credits = 25

Total Credits Completed _____

ELECTIVE COURSES

15 additional elective credits in psychology are required. Electives can be any psychology course.

Note: A psychology course cannot be counted for both required credit and elective credit, but electives can include extra area requirement psychology courses listed above.

Note: Students may count up to 9 Advanced Independent Study in Psychology (50:830:494/495) as elective credits.

Note: Students who plan to pursue graduate studies in psychology, or who have defined career plans should seek advice from the Undergraduate Program Director or a faculty mentor for appropriate psychology electives.

Course Name	Credits	Course Number	Semester/Yr Completed	Letter Grade	Grade Points	Office Senior Review
1)	3	50:830				
2)	3	50:830				
3)	3	50:830				
4)	3	50:830				
5)	3	50:830				

Total Required Elective Credits in Psychology = 15

Total Minimum Required Credits for Psychology Major = 40

TOTAL DEGREE CREDITS REQUIRED: 120 ***TOTAL CREDITS COMPLETED: _____***

Psychology Major GPA Calculation:

For each above course taken at Rutgers, convert the letter grade to a numerical value:

A = 4

B+ = 3.5

B = 3

C+ = 2.5

C = 2

D = 1

See example below for calculating Psychology GPA

Psychology Major GPA Calculation EXAMPLE

REQUIRED COURSES

Course Name	Credits	Course Number	Semester/Yr Completed	Letter Grade	Grade Points	Office Senior Review
Introduction to Psychology	3	50:830:101	Fall/2023	A	12 (3x4)	
Statistics for Social Sciences	3	50:830:250	Fall/2024	B+	10.5 (3x3.5)	
Method and Theory in Psych (W)	3	50:830:256	Spring/2025	B+	10.5 (3x3.5)	
Experimental Psych and Lab (W)	3+1	50:830:380/381	Fall/2026	A	12 (3x4)	
Area Requirement 1 Cognitive Processes	3	50:830:360	Fall/2025	C	6 (3x2)	
Area Requirement 2 Psychology of Childhood	3	50:830:226	Spring/2025	B+	10.5 (3x3.5)	
Area Requirement 3 Social Psychology	3	50:830:335	Fall/2026	B	9 (3x3)	
Area Requirement 4 Cultural Psychology	3	50:830:365	Spring/2026	B	10.5 (3x3.5)	

ELECTIVE COURSES

<p>Electives can be any Psychology courses</p> <p><i>Note:</i> A course cannot be counted for both required credit and elective credit, but electives can include extra area requirement psychology courses listed above</p> <p><i>Note:</i> Students may count up to 9 Advanced Independent Study in Psychology (50:830:494/495) as elective credits.</p> <p><i>Note:</i> Students who plan to pursue graduate studies in psychology, or who have defined career plans should seek advice from the Undergraduate Program Director or a faculty mentor for appropriate psychology electives.</p>						
Course Name	Credits	Course Number	Semester/Yr Completed	Letter Grade	Grade Points	Office Senior Review
1) Abnormal Psychology	3	50:830:340	Fall/2025	A	12 (3x4)	
2) Special Topic in Psychology	3	50:830:460	Fall/2025	A	12 (3x4)	
3) Psychology of Aging	3	50:830:328	Spring/2026	B	9 (3x3)	
4) Industrial Psychology	3	50:830:319	Fall/2026	B+	10.5 (3x3.5)	
5) Physiological Psychology	3	50:830:475	Spring/2027	C+	7.5 (3x2.5)	

40 credit hours total

132 Total points

Calculate GPA by dividing the Grade Points by the Total Credit Hours: $132/40 = 3.30$